Breakfast Menu

served until midday

Baps

served in a brioche bun

Bacon Bap £6.55

Bacon & Egg Bap £7.55

Treagust Sausage Bap £7.55

Treagust Sausage & Egg Bap £8.55

Breakfast

M&B Breakfast £11.75

Treagust sausage, two rashers of bacon, two eggs, roasted tomatoes & mushrooms served with toast & butter

M&B Vegan Breakfast £11.75

vegan sausage, roasted tomatoes, mushrooms, avocado & spiced mixed beans served with toast & vegan spread

Moroccan Eggs £12.25

spiced tomato & pepper sauce with chorizo, spinach, parsley yogurt & toast

Extras

add any of the following to your breakfast (not sold individually):

Tomato Salsa / Baked Beans / Roasted Plum Tomatoes £1.75

Rasher of Bacon £1.95

Treagust Sausage / Mushrooms / Smashed Avocado £2.35

Toasts

Toasted Sourdough bread £4.35 with butter & preserve

Eggs on toast £7.45 poached, scrambled or fried

Boiled Eggs with toasted 'soldiers' £7.95 served with marmite

Mushrooms on toast £7.95

Roasted Tomatoes on toast £7.95

Brunch

Eggs Florentine £9.45

on toast with baby spinach & hollandaise sauce

Eggs Benedict £10.55

on toast with gammon ham, baby spinach & hollandaise sauce

Eggs Royale £10.55

on toast with smoked salmon, baby spinach & hollandaise sauce

Poached Eggs & Smashed Avocado £10.55 on toast with tomato salsa

Smoked Salmon & Scrambled Eggs £12.25 with toast & dressed mixed leaves

Pancakes

Buttermilk Pancakes £10.65 with banana, blueberries & maple syrup

Buttermilk Pancakes £10.65 with crispy smoked bacon & maple syrup

Porridge £6.95

made with coconut milk, topped with blueberries, banana & honey



Coffee

Filter Coffee £2.75

decaffeinated available

Espresso £2.65

Americano £3.20

Macchiato / Latte / Cappuccino £3.45

Mocha / Flat White / Iced Coffee £3.65

Chai Latte £3.75

Hot Chocolate £3.65

add cream & marshmallows +£1.00

Traditional Tea £2.70/£5.40 pot for one / pot for two

Speciality Teas £3.30

earl grey, camomile, rooibos, ceylon, mixed red berry, lady grey, assam, lapsang souchong, green, peppermint, lemon & ginger, darjeeling

Soya, Almond, Oat or Coconut Milk +30p

Extra Coffee Shot +50p

Vanilla or Caramel Syrup +40p

Soft Drin

Still Water 330ml £2.70

Sparkling Water 330ml £2.70

Fanta 330ml £3.70

Freshly Squeezed Orange Juice 250ml £3.70

Locally Pressed Apple Juice 250ml £3.70

Locally Pressed Apple & Pear Juice 250ml £3.70

Diet Coke 330ml £3.60

Coca-Cola 330ml £3.70

Peach Ice Tea 500ml £3.80

Fentimans Lemonade 275ml £3.85

Fentimans Ginger Beer 275ml £3.85

Fentimans Elderflower 275ml £3.85

Still Water 750ml £4.65

Sparkling Water 750ml £4.65

Cakes & Treats

Toasted Tea Cake with butter £3.20

Croissant with butter f3 20

Almond Croissant £3.65

Pain aux Raisin £3.65

Pain au Chocolat £3.55

Raspberry Flapjack £3.95

Tunisian Orange Cake dairy free £4.10

Chocolate Brownie £4.10

Victoria Sponge £4.10

Chocolate & Hazelnut Twist £4.40

Almond & Pistachio Twist £4.40

Please ask about gluten free options

M&B Scones

Plain or Fruit Scone with butter £3.20

Wholemeal Cheese Scone with butter £3.65

Traditional Cream Tea £7.45

fruit or plain scone, clotted cream & jam served with a pot of tea or filter coffee

Savoury Cream Tea £7.95

wholemeal cheese scone, cream cheese & chutney served with a pot of tea or filter coffee

Upgrade to:

Speciality Tea +35p

Speciality Coffee, Hot Chocolate or Chai Latte +55p

Add Extra:

Preserve +£1

(Strawberry, Raspberry, Apricot, Marmalade, Marmite)

Clotted Cream +£1.35

